

SNACK MENU



JANUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
<i>Winter Break School Closed</i>	<i>Winter Break School Closed</i>	<i>Winter Break School Closed</i>	AM: Vanilla Yogurt with Blueberries PM: Chex Mix & Apple Slices	AM: Breakfast Fruit Bar & Green Grapes PM: Homemade Guacamole & Tortilla Chips
7	8	9	10	11
AM: Buttermilk Pancakes & Blueberries PM: Pretzels & Red Grapes	AM: Whole Wheat Toast with Berry Preserves PM: Zucchini Sticks with Ranch Dip & Multi-Grain Crackers	AM: Vanilla Yogurt with Craisins PM: Hummus Dip & Pretzel Thins	AM: Mini Bagel with Cream Cheese & Oranges PM: Banana & Sunflower Butter Roll-Up	AM: Kix Cereal & Pears PM: Wheat Thins & Cheese Cubes
14	15	16	17	18
AM: Croissant with Berry Preserves PM: Tropical Fruit Salad & Wheat Thins	AM: Breakfast Fruit Bar & Blueberries PM: Ritz Crackers with Cream Cheese & Cucumber Slices	AM: Cinnamon Spiced Muffin PM: Homemade Trail Mix & Tangerines	AM: Vanilla Yogurt & Apples PM: Baby Carrots with Ranch Dip & Soda Crackers	AM: Life Cereal & Raisins PM: Rice Cakes with Sunflower Butter & Raisins
21	22	23	24	25
AM: French Toast Sticks PM: Ritz Crackers with Cream Cheese & Cucumber Slices	AM: Corn Flake Cereal & Kiwi PM: Cinnamon & Cream Cheese Dip & Bagel Chips	AM: Scrambled Eggs & English Muffin PM: Graham Crackers with Sunflower Butter & Bananas	AM: Raisin Bread Toast & Green Grapes PM: Breadsticks, Sliced Cucumbers & String Cheese	AM: Vanilla Yogurt & Pears PM: Fresh Fruit Salad & Ritz Crackers
28	29	30	31	
AM: Buttermilk Pancakes & Blueberries PM: Graham Crackers with Sunflower Butter & Red Grapes	AM: Mini Bagels with Cream Cheese & Green Grapes PM: Homemade Trail Mix & Orange Slices	AM: Vanilla Yogurt with Rice Krispie Cereal PM: Blueberry Muffin & Apple Slices	AM: Cheerios with Raisins PM: "Ants on a Log" (Celery Sticks, Sunflower Butter & Raisins)	<i>Organic Milk or juice is served with each snack</i>

* Menu Subject to Change