

7:00am-8:00am	Limited Learning Centers
	Varying activities available each day; see Teacher for specifics.
8:00am-10:30am	Snack Time
	Variety of nutritional snacks served family style such as: yogurt, cereal, toast or oatmeal.
10:30am-11:30am	Morning Group Time/Learning Experiences
	Interactive play with varied group sizes; singing, listening to flannel stories & books, and free exploration. AND Varied group settings; centers composed of assorted activities/projects such as Art, Block Play & Puzzles.
11:30am-12:30pm	Lunch Time
	Variety of nutritional meals are served family style such as: Pasta Bake with fruit, vegetables & milk.
12:30pm-2:00pm	Outdoor Time (Gross Motor)
	Opportunities for Stroller/Buggy Rides, Bubbles, Ball Play, Rocker Horses & free exploration.
Varied	Rest/Nap Time
	Children rest/nap according to their specific schedules; changes made as needed.
3:00pm-3:30pm	Afternoon Snack
	Variety of nutritional snacks served family style such as: Fresh Fruit and Breadsticks with Water.
3:30pm-4:30pm	Afternoon Group Time
	Interactive play with varied group sizes; Crawl & Tumble Mats, Look-At-Me-Mirror Center and Sensory Tubs or Tubes. AND Varied group settings; centers composed of assorted activities/projects such as: Art, Block Play & Puzzles.
4:30pm-5:00pm	Outdoor Time (Gross Motor)
	Opportunities for Skill Building and free exploration.
5:00pm-6:00pm	Limited Learning Centers
	Varying activities available each day; see Teacher for specifics.

** Diaper Changing and Hand Washing occur every two hours, upon arrival and as needed.*

** Individual child's schedule is essential and supersedes the day's activities to provide ultimate care.*