

TODDLER FLEXIBLE SCHEDULE

**subject to change*

TurtleRock

Preschool • Kindergarten • Academy

7:00am-8:15am	FREE EXPLORATION <i>Varying activities available.</i>
9:00am-9:15am	DIAPER CHANGING AND HAND WASHING
9:15am-9:45am	SNACK TIME <i>Variety of nutritional snacks served family style with milk, fruit juice or water. Followed with clean-up & hand washing.</i>
9:45am-10:45am	LEARNING CENTER TIME <i>Interactive play with varied group sizes; Teacher initiated, theme-related activities/projects and free exploration.</i>
10:45am-11:10am	DIAPER CHANGING & HAND WASHING
11:10am-11:30am	MORNING LARGE GROUP TIME <i>Circle Time: Singing, listening to flannel stories/books and socialization.</i>
11:30am-12:30pm	LUNCH TIME <i>Variety of nutritional meals are prepared by chef on-site and served family style such as grilled teriyaki chicken and brown rice bowl, fruit, broccoli & milk. Lunch clean-up followed with bed preparation.</i>
12:30pm-12:45pm	OUTDOOR TIME, DIAPER CHANGE AND HAND WASHING <i>Opportunities for nature walks, sensory and water play, dramatic play, puzzles, chalk, and climbing.</i>
12:45pm-3:00pm	REST/NAP TIME <i>Opportunity for children to rest and relax after the busy morning routine.</i>
3:00pm-3:30pm	CLEAN UP NAP BEDS, DIAPER CHANGING & HAND WASHING
3:30pm-3:45pm	AFTERNOON SNACK <i>Nutritional snacks served family style such as: apple slices, cheese, and crackers with water.</i>
3:45pm-4:00pm	SNACK CLEAN UP, HAND WASHING & CLEANING-UP BEDS
4:00pm-4:30pm	AFTERNOON LARGE GROUP TIME <i>Circle Time: Calendar, weather, singing, listening to flannel stories/books & developmental group activities.</i>
4:30pm-4:50pm	OUTDOOR TIME <i>Opportunities for running, push/pull toys, sensory bins, art & teacher interaction.</i>
4:50pm-5:00pm	CLEAN UP TOYS OUTSIDE
5:00pm-5:15pm	DIAPER CHANGING, LIMITED SNACK & HAND WASHING
5:15pm-5:30pm	INDOOR GROUP ACTIVITIES <i>Interactive play; dramatic play, block play and music/movement.</i>
5:30pm-6:00pm	FREE EXPLORATION <i>Varying activities available.</i>