

# PRE-K FLEXIBLE SCHEDULE

*\*subject to change*

# TurtleRock

Preschool • Kindergarten • Academy

7:00am-8:30am	<b>LIMITED LEARNING CENTERS</b> <i>Varying center &amp; table activities available.</i>
8:30am-9:30am	<b>OUTDOOR TIME</b> <i>Opportunities for nature walks, tricycle riding, dramatic play, puzzles, chalk &amp; teacher interaction.</i>
9:30am-9:45am	<b>SNACK TIME</b> <i>Nutritional snacks served family style with milk, fruit juice or water.</i>
9:45am-10:00am	<b>MORNING LARGE GROUP TIME</b> <i>Circle Time: language-building, calendar, weather, singing, flannel stories &amp; books and theme-related discussions.</i>
10:00am-10:40am Groups Rotate	<b>ACADEMIC LEARNING</b> <i>Math and language and literacy focus; interactive play with varied group sizes, teacher initiated, theme-related activities/projects.</i>
10:40am-11:20am	<b>OUTDOOR TIME</b> <i>Planned outdoor curriculum; opportunities for nature and sensory-based exploration, dramatic play, manipulatives and teacher interaction.</i>
11:45am-12:15pm	<b>LUNCH TIME</b> <i>Variety of nutritional meals are served family style such as teriyaki chicken, broccoli and rice bowl, fruit &amp; milk.</i>
12:15pm-12:45pm	<b>OUTDOOR TIME</b> <i>Time for gross motor and to use the restroom.</i>
1:00pm-2:30pm	<b>REST/NAP TIME</b> <i>Opportunity for children to rest and relax after the busy morning routine. Non-nap group available.</i>
2:30pm-3:00pm	<b>AFTERNOON SNACK</b> <i>Variety of nutritional snacks served family style such as apple slices, cheese, crackers and water.</i>
3:00pm-3:30pm	<b>AFTERNOON LARGE GROUP TIME</b> <i>Circle Time: singing, listening to flannel stories &amp; books and reflection of their day at school.</i>
3:30pm-4:30pm	<b>LIMITED LEARNING CENTERS</b> <i>Skill-building, cooperative play and teacher-initiated learning.</i>
4:30pm-5:15pm	<b>OUTDOOR TIME (GROSS MOTOR)</b> <i>Opportunities for nature and sensory play, jumbo blocks building, magnet wall construction and sand/water features. Clean-up.</i>
5:15pm-5:30pm	<b>LIMITED SNACK TIME</b> <i>Nutritional snacks served in limited quantities.</i>
5:30pm-6:00pm	<b>LIMITED LEARNING CENTERS</b> <i>Story time and center/table activities.</i>