

SNACK MENU



OCTOBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 SCHOLASTIC	3 WILD WEST	4 THEME	5 BOOK	6 FAIR
AM: Oatmeal with Raspberries PM: Apple Spiced Muffins & Banana	AM: Vanilla Yogurt & Grape-nuts Cereal PM: String Cheese, Wheat Thins & Cucumber Slices	AM: Very Berry Cheerios PM: Guacamole & Corn Chips	AM: Wheat Bread Toast with Berry Preserve & Blueberries PM: Rice Cake with Cream Cheese & Raisins	AM: Breakfast Fruit Bar & Apple Slices PM: Sunshine Fruit Salad & Graham Crackers
9	10	11	12	13
AM: Waffle with Boysenberries PM: Fish Crackers & Zucchini Sticks	AM: Kix Cereal with Blueberries PM: Hummus & Pretzel Thins	AM: Croissant with Berry Preserves PM: String Cheese, Ritz Crackers & Jicama Sticks	AM: Vanilla Yogurt with Raspberries PM: Chex Mix & Celery Sticks	AM: Blueberry Muffins & Pear PM: Strawberry Smoothie & Bread Sticks
16	17	18	19	20
AM: Buttermilk Pancake & Orange Slices PM: Pumpkin Muffins & Red Grapes	AM: Scrambled Eggs & English Muffin PM: Mango/Pineapple Smoothie & Bread Sticks	AM: Vanilla Yogurt & Grape-nuts Cereal PM: Mixed Fruit Salad & Wheat Thins	AM: Life Cereal with Blueberries PM: Pretzels, String Cheese and Cucumber Slices	AM: Mini Bagel with Cream Cheese & Apple Slices PM: Homemade Spinach Dip with Ritz Crackers
23	24	25	26	27
AM: Corn Flake Cereal with Raspberries PM: Mango Smoothie & Graham Crackers	AM: Raisin Bread & Peach Slices PM: Sunflower Butter/Banana Roll-Up	AM: Oatmeal with Blueberries PM: Tzatziki dip with Pita Chips	AM: Belgian Waffle & Strawberries PM: Chex Mix & Apple Slices	AM: Vanilla Yogurt with Rice Krispie Cereal PM: Ritz Crackers, Cheddar Squares & Carrot Sticks
30	31 Halloween	*Organic Milk or juice is served with each snack		
AM: French Toast Sticks & Blackberries PM: Wheat Thins, Cheddar Cheese Cubes & Cucumber Slices	AM: Breakfast Egg & Cheese Burrito PM: Spider Crackers (Ritz Crackers, Cream Cheese & Pretzel Sticks)			

* Menu Subject to Change