

October 2017

MONTHLY CONCEPTS:

SHAPE: Triangle ▲ **COLOR:** Black **VALUE:** Cooperation

MOTOR DEVELOPMENT: Throwing and kicking a ball **OPPOSITES:** Loud/Quiet

Rockin' Readers: Early Literacy Week

October 2-6

- **Discussion:** "My favorite story is ____ because...!"
- **Critical Thinking:** "Letter Find" Locate and put a rectangle around the "Letter of the Week"
- **Arts & Crafts:** "Color Resist", "Brown Collage" and cut out a semi-circle.
- **Outside Games:** "Directions", "Red Rover, Red Rover" and "Fish for Letters"
- **Sensory Experiences:** "Alphabet Soup" (add tongs, pans and alphabet pasta)

People in Our Community

October 9-13

- **Discussion:** "In my community, I Spy..."
- **Math:** "Estimation Station" (Leaves in a bag)
- **Music & Movement:** "It is Autumn", "The Wheels on the Bus" and "Tommy Triangle"
- **Dramatic Play:** Pretend to be a Mail Carrier
- **Science Experiment:** "Dissolving Pumpkins"
- **Outside Activities:** Walk to the mailbox and mail a letter

Better Watch Out: Promoting Safety

October 16-20

- **Discussion:** "What is an emergency? What phone number do you call in an emergency?"
- **Read:** *Our Friendly Helpers* and *Ambulances*
- **Music & Movement:** "Traffic Light" and "9-1-1, Only for Emergencies"
- **Outside Activities:** Go on a Nature Walk and talk about road signs and their meaning
- **Dramatic Play:** Pretend to be an officer; add props
- **Arts & Crafts:** Still Life easel painting

Spooky Spectacular

October 23-27

- **Discussion:**
- **Music & Movement:** "Five Little Pumpkins"
- **Sensory Experiences:** Pumpkins and spoons; pull out seeds and pulp. "Monster Slime with eyeballs"
- **Arts & Crafts:** Paper plate cat or spider, Masking Tape Mummy and Silhouettes
- **Group Game:** "Pin the Spider on the Web"
- **Nature Walk:** "Black Triangle Hunt"

How to Raise a Happy Child- "What makes preschoolers happy may surprise you. Child development experts who study the subject say that happiness isn't something you *give* preschoolers—it's something you *teach* them. Edward Hallowell, psychiatrist and author of *The Childhood Roots of Adult Happiness*, says over-indulged children—whether showered with toys or shielded from emotional discomfort—are more likely to grow into teenagers who are bored, cynical and joyless. "The best predictors of happiness are internal, not external," says Hallowell, who stresses the importance of helping kids develop a set of inner tools they can rely on throughout life. The good news is you don't have to be an expert in child psychology to impart the inner strength and wisdom it takes to weather life's ups and downs. With patience and flexibility, any parent can lay the groundwork for a lifetime of happiness." <https://babycenter.com/0/how-to-raise-a-happy-child-ages-2-to-4>

Special Events:

- October 2:** Parent-Teacher Mini Phone Conferences
- October 2-6:** Wild West Scholastic Book Fair
- October 5:** Western Dress-up Day
- October 10:** "Officer Friendly" presentation with Officer Ayala
- October 11:** Southern California Sensory Screening
- October 16:** OC Fire Authority presentation
- October 16-20:** All School Portrait Week
- October 19:** The Great ShakeOut *and* Read for the Record, *Quackers*
- October 20:** Kids' Night Out *and* Spirit Shirt Day
- October 24 & 25:** Turtle Rock Pumpkin Patch
- October 27:** Annual Halloween Bash
- October 31:** All-School Halloween Parade

